



## KEY THOUGHTS

- If you're a follower of Jesus, there is no longer condemnation, you have been set free with the blood of Jesus.
- Sin no longer has a place in your life.
- It's not enough to do all the right things, it's about what Jesus has done for us.
- 1. The Savior discredits our death
  - All of us had a death sentence on our life when we came into this world. And the only way that that thing gets discredited is when Jesus enters into this life and dies on the cross for our sins.
- 2. The mind directs our destination
  - Ultimately there is 2 destinations. The mind set on the flesh, leads to death. And the second is if the mind is set on God, leads to life and peace.
  - What we think about, and what we align our lives with will ultimately lead our life to one of those 2 destinations.
  - If you're living a life of flesh, we are choosing a life that is "hostile", in direct opposition to what God wants for us and can never please God.
  - Ways to determine what my mind it set on. What is your prayer life like? What does your Bible life look like? Are you allowing God's Words to shape your life? What are you allowing into your mind? You become transformed, by the renewing of your mind. (Romans 12)
- 3. The Spirit describes our descent
  - You have been called into the family of God and you are now a part of the lineage of the Kingdom of God.

## SCRIPTURES

- Romans 8:1-17

## PRACTICAL AND REFLECTION

- What do you believe in your mind? Evaluate what am I setting my mind on daily?
- What is your prayer life like?
- What does your Bible life look like? Are you allowing God's Words to shape your life?
- What are you allowing into your mind? What are you listening to, watching, letting consume your life daily?