

KEY THOUGHTS

- Care and comfort is a messy business. If there's one thing a church can promise, it's that we won't get it right all the time.
- If you've been let down before, use that as a challenge to be a part of the solution for others.
- God's comfort given to us (through both people and through His presence) is not simply to ease our suffering. There is another end in sight...
...to use us to bring comfort to others.
- Two things must be present for us to be a comfort to others:
 - We have experienced His comfort.
 - And we are connected with others.

SCRIPTURES

- 2 Cor. 1:3-4

PRACTICAL & REFLECT

Some things I need to do:

- Make sure my trampoline is surrounded.
 - Be known
 - Seize and create opportunities to build relationships
 - Set practical goals
 - Don't be afraid to go deeper
- When you suffer...
 - ...accept comfort from God.
 - ...accept comfort from others.
 - ...don't only seek comfort.
- When others suffer, do appropriate things.
 - "Do things" – take tangible action, appropriate to the relationship you have with people.